

Join Catholic Women in Action for a Free
Lenten Morning of Reflection:
Mary: Our Paradigm for Life and Holiness

Wednesday, March 15th
at St. Francis Xavier Catholic Church
444 Metairie Road • Metairie, LA 70005

***8:00 AM Mass celebrated by Fr. Beau Charbonnet followed by
Guest Speaker Jan Tate and the Marian Way of the Cross.***



Guest Speaker:
Jan Tate

Jan Tate is a trained spiritual director for over 20 years and has preached retreats to men, women, and couples as well as spiritual direction for clergy, religious and lay people. The focus of Jan Tate's talk will be that Mary is the perfect example for living a Christ-centered life. She will look at the various virtues that Mary models for us and to encourage us on our journey toward wholeness and holiness.

The Sacrament of Reconciliation will be available following the program. • Quieting rooms will be available.

